



Atop the Art Museum steps at the end of their cross PA bicycle trip: (l to r) Beverly Payton, Jason Wood, Carl Conrad, John Gardner, Dan Madden, Michael Wuerger, Nora Schenk, Randy Schenk and Pam Shadzik. Send in your vacation pics for next month!

Your Club Needs YOUR Help for the Covered Bridges Ride

The 22nd Annual CBBC Covered Bridges Ride will take place on Sunday, October 13, 2002. We still need volunteers to help make this the BEST EVER Covered Bridges Ride. Please consider helping us with either:

- Road Painting
- Parking
- Registration
- Rest Stop
- Sweep
- Lunch Preparation
- Baked Goodies

We need your help! Please contact Wayne Siefert at xxx@worldnet.att.net 215-xxx-xxxx or Donna Long at 267-xxx-xxxx. If you volunteer, you will receive lots of perks such as *free*:

T-Shirt, Post-ride party, Lunch, Volunteers-Only Pre-Ride ...not to mention priceless fun and fellowship with your friends and club members.

Please call or e-mail today!

CBBC
P.O. Box 1648
Doylestown,
PA 18901

Covered Bridges Registration Form on page 10.

Ride and Picnic with the CBBC Wild Bucks

On Saturday September 21st we'll have our traditional Wild Bucks rides and picnic. All rides start at St. Vincent DePaul Church on Hatboro Road in Richboro (see the ride calendar for details on each ride.) Rides are scheduled to finish around 1pm so you can attend the picnic. The rides and picnic are open to all club members, so come out and enjoy the fun even if you're not doing the MS ride.

This year's Wild Bucks Picnic is being hosted by Pam Shadzik at xxx XXX Drive in Richboro. From the church: turn left out of the church parking lot. Turn right at the first light onto Richboro Road (Route 332). Cross through the light at Route 232 and through the light immediately after that. (sections of directions have been omitted) Pam's house is the farmhouse set way back from the road on the right.

We are asking picnic attendees to donate \$3 to help cover the cost of food and refreshments. We'll have the hotdogs, hamburgers, chicken, chips, soda, etc. Please bring a small side dish to share. If you would like some suggestions on what to bring, please contact Pam Shadzik at xxx@aol.com or 215-xxx-xxxx. Bring your bathing suit if you'd like to swim.

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215-xxx-xxxx xxx@aol.com

CBBC is a member of The League of American Bicyclists (www.bikeleague.org) and we encourage you to become members, too. Representing the interests of the nation's 42 million cyclists, LAB promotes bicycling for fun, fitness, and transportation; works through national, state, and local advocacy and education for a bicycle-friendly America; and provides materials and training for bicycle safety and education.

VISIT OUR WEBSITE

AT WWW.CBBIKECLUB.ORG FOR:

- ride schedules
- riding guidelines
- special events
- biking links
- ride waivers and membership info...

STAY IN THE LOOP!

For the latest scoop on impromptu rides, road conditions and for occasional intriguing or useless chit-chat, sign up for the CBBC newslst.

To subscribe: Point your web browser to: <http://www.cbbikeclub.org/maillinglist.lasso> and follow the instructions.

To send a message to the list: Email CBBCtalk@cbbikeclub.org with:
[your message]

Newsletter and Membership Info

Articles and other materials for the CBBC newsletter should be sent to the editor no later than the 6th of the month prior to publication:

Pam Shadzik

1xx Chester City

Richboro, PA 18954

215-xxx-xxxx internetid@aol.com

If you are not receiving your newsletter, or if you need to change your address, contact:

Ken Sharples, Membership Coordinator

215-xxx-xxxx internetid@juno.com

Classified Ads

For Sale

2001 Cannondale R3000 SI: 56 cm, Dark Blue, Full carbon fork, Campy Record Integrated headset, 3T Forgie bar & stem, Dura-Ace/Ultegra parts mix, Mavic Classic Elite wheels, Vittoria tires, Thomson seat post, Max Flite saddle, Axiom wireless computer, "Like New", \$1800 or B/O, Must Sell- Moving
Chris 215-xxx-xxxx/ xxx@towamencin.org

Ride Categories Revised

Revised ride categories were approved at the August club meeting. The revisions more accurately reflect current riding speeds. Make sure to check the updated list on page 8.

September Program

When: Monday, September 9
7pm Business Meeting

Where: Bob Crowe's home
xxx Road
Doylestown 215-xxx-xxxx
Directions:
Left out of library onto Scout Rd
left marked

What: Bob's serving hamburgers and corn. Everyone is welcome!

The Grumpy Rider...sez!

The Grumpy Rider sez ... check your odometer. Unlike a car, most bicycle computer-odometers can be adjusted to accurately measure a mile. Why then, at the end of a ride is there such a variation in each rider's total miles. One reason may be that the riders have not entered the proper factor into their bicycle computer. Start by finding the manual that came with your computer. Then you'll need to find the circumference of your front wheel. Hook one end of a rubber band over the front valve stem, wrap the band around the tire, and hook the other end over the valve. Now you have a mark. Put some weight (ideally you should be on the bike) and roll one revolution marking the two spots where the rubber band hits the floor. The distance between marks is the circumference of your wheel. Check your manual to see how and what should be entered into your computer. You may need the distance in centimeters not inches. Another reason total miles differ is because of the "weaver factor". The rider that rides a straight line goes a shorter distance than the one who weaves down the road. Over 50 miles, weaving can add up. Try to concentrate on making your bicycle go in a straight line. It is safer for you and those you ride with. Ride smart. Ride safe. Ride in a straight line.

AUGUST MEETING MINUTES

President Nora Schenk presided over the business meeting.

Bike Shop Brochure

The brochure will be a one-page informational sheet about CBBC and some of the club's activities. It will be general in nature so that one printing per year will suffice. The brochure will replace the copies of the newsletter that are currently being sent to the shops and should result in a savings for the club. The membership form will appear on the reverse and the reader will be encouraged to visit the website. The content was approved and is being forwarded to Pam Shadzik for layout, graphics and a printing price estimate.

Bike Shop Survey

Jennifer Hoener is putting together questions to develop a better understanding of how we may further develop our relationships with area bike shops. Walt Spadt will contact the shops and gather information. Bob Crowe suggested inquiring about tech sessions with one or more shops wherein the member would work on their own bike under the supervision of the shop's mechanics.

Membership Requirement for Club Rides

There was discussion about requiring riders to be members in order to go on CBBC rides, from both a liability standpoint and a concern over losing membership funds from those that ride but don't pay. It was decided that we should not put up barriers to riders since most riders are members and those that aren't are in the minority. Ride leaders are encouraged to bring copies of the membership form with them, as we have gained some new members on our scheduled rides.

Website Committee

The committee has been working on a new look for the website. They hope to include a sample newsletter (names and numbers removed), the ride waiver, rider guidelines and a library of cue sheets. Their next meeting is 8/19 and they hope to have the first phase ready for the September meeting.

Guidelines for Riders and Ride Leaders

Sal LoSapio presented a list of general guidelines for both riders and ride leaders. The list will appear on the website and also in the newsletter a few times per year. A few additions to the list included urging riders to carry ID with them and for ride leaders to carry the waiver form with emergency phone numbers on the ride.

Ride Categories and Speeds

John Gardner presented current and proposed categories and speed (mph) ranges along with a few classifications that other clubs use. The purpose for the change is to align the ride categories and the mph ranges more closely with the speed and mileage that we actually practice. Discussion was followed by a vote that approved the new speed ranges. Please see the newsletter for the revisions. Additional discussion led to the agreement that we should not hold rides without ride leaders, i.e. "show and go" rides. *(continued on p. 4)*

Wild Bucks 2002 • Wild Bucks 2002 • Wild Bucks 2002

September Is Wild Bucks Time!!!

It's September and it's time for the CBBC Wild Bucks to roll. Here is everything you need to know:

Team Jerseys

The team jerseys and t-shirts have been ordered. When they come in John Gardner will email the club list server and we will put a notice on the email list of team members. Most jerseys get delivered at the Tues/Thurs. rides, the picnic, or the team dinner. If you won't be able to pick up your jersey at one of these times, please contact John so he can make other arrangements. Handing out jerseys the morning of the ride is extremely difficult. John can be contacted at: 215-xxx-xxxx or xxx@comcast.net.

Accommodations

The Chalet beach house reserved for the Wild Bucks is full. If you do not have a place reserved to stay, call the MS Society reservation service at 1-888-777-2711 or look at their web-site (<http://www.ms150biketour.org>) for information. It looks like they will be having a lot of riders and housing will be at a premium.

2002 Calendar of Events

Tues/Thurs. Rides

Many of the Wild Bucks show up for the Tuesday and Thursday evening rides listed in the newsletter. It is a great way to train and meet your fellow Wild Bucks. See the rides section of the newsletter for details.

2002 CBBC Wild Bucks Picnic - September 21, 2002

On Saturday September 21st we will be having the traditional Wild Bucks picnic and rides. See all the details in the article on page 1.

Carbo Loading Dinner - September 26, 2002

The Wild Bucks team dinner is a great way to get those calories you are going to need to ride to Ocean City and back. The dinner is at Mike's York Street Bar & Grill. at 544 York Rd., Warminster. It's on the west side of York Rd., just south of Street Rd. (Rt. 132). We'll have a private banquet room and bar. There will be a pasta bar with tasty items like penne vodka with plum tomatoes, chicken marsala, salad etc. The restaurant should be able to accommodate special dietary needs. We need to give a headcount a few days before the dinner, so please let Keith Thomas know if you plan to attend. Friends, spouses, etc. are welcome. The evening schedule is:

6:00 - 7:30 Cocktail hour

7:30- ? Dinner and information

The cost will be \$21 (includes tax, gratuity etc.) per person payable at the event. Cash bar.

City to Shore Ride - September 28-29, 2002

The big event! Here are some guidelines for riding with the team.

ARRIVE EARLY! The Patco Woodcrest station in Cherry Hill where the ride starts gets very busy on Saturday morning. The I-295 exit will be crowded with thousands of cars. We recommend you arrive at 6:00am to have time to do everything before we ride. If you wait until 6:30, you will sit in traffic. Turn in your money, drop off your luggage, etc. as soon as you arrive: the lines will be shorter. Be ready with your bike for a team picture at 6:45am. There is usually a spot near the registration tent for pictures. Have your antlers on! At 7:00 am meet on the road where the ride starts. Many of the Wild Bucks meet here and leave together. You can pick a group to ride with. Relax and enjoy the ride. The ride is flat and the MS Society does a wonderful job of supporting it.

Pick up your luggage at the end and head to the Chalet if you are staying there. If you are not staying at the Chalet, stop over anyway and relax with the Wild Bucks on the large front porch. I bet we will have plenty of liquid refreshment.

Enjoy the beach and award ceremony. A large group of Wild Bucks attend each year and see why we work so hard to find a cure for MS.

When you return on Sunday, look for the Wild Bucks in the parking lot at the Patco Station. We relax, have some refreshments and welcome the riders back. Just look for the large group lounging in chairs and sitting on coolers beneath the trees.

If you have any questions, please contact Keith Thomas at xxx@erols.com or 215-xxx-xxxx.

August Meeting Minutes *(cont'd from page 3)*

East Coast Greenway Update

Ken Edmunds provided an update on the East Coast Greenway that will connect 2600 miles of rails-to-trails and other paths from Maine to Florida. Greenway has 200 miles in place so far and 500 more actively in development. The canal towpath will be part of it. There is a new Philadelphia bike map coming out – details will follow.

Miscellaneous

The Dark Hollow bridge is down (impassable) but construction is expected to finish in late 2003.

*Respectfully submitted,
Jennifer Hoener*

RIDE CALENDAR

Sat, August 31

MTB B 3 hrs. 9:00 a.m. WXG

Further adventures at Bald Pate Mtn. with Sal starting with the usual spin up the towpath to Fiddlers Creek Rd. Not very technical, but some good climbs. Sal LoSapio, 215-xxx-xxxx xxx@aol.com

Sun, September 1

A, 80± miles 8:30 a.m. PVP

Ride with Michael as he heads north through Bucks, Lehigh, and Northampton County, to Hellertown for a hell of a ride through the northern territory. B riders are encouraged and always welcome to join and nobody will be dropped. Michael Wuerger, 215-xxx-xxxx

C, 35 miles 8:30 a.m. CBE

Denise plans on going east this fine September morning. Lots of rolling hills and scenic vistas! Food and rest stop in Jersey. Denise Altomare, 215-xxx-xxxx

C+, 40 miles 9:00 a.m. PMS

John has a great idea for a special ride. But, you'll have to show up and ride with him to discover what he has planned. Some hills up, food stop. Plenty of trees. Rain cancels. John Cole, 610-xxx-xxxx xxx@ptd.net

D, 18-20 miles 9:00 a.m. PMS

Ride with Jennifer on one of her favorite routes. Labor Day isn't until Monday, so the route is mostly flat. Bring your own food. Jennifer Hoener, 215-xxx-xxxx xxx@aol.com

Mon, September 2

A/B, 45-50 miles 8:30 a.m. WTS

Join Michael for an early morning easy A pace Labor Day ride toward Tabors or Sergeantsville. Plans are to return around noon so everyone can enjoy the rest of the day with family and friends. B riders are encouraged and always welcome to join and nobody will be dropped. Michael Wuerger, 215-xxx-xxxx

B, 45 miles 9:00 a.m. WTS

Join John for an easy paced Labor Day ride. John Gardner, 215-xxx-xxxx xxx@comcast.net

C+, 40± miles 9:00 a.m. PMS

Join Bob on a ride from Plumsteadville to a special destination. There are some absolutes in the universe, and with Bob you can expect light traffic, great road conditions, some hills, no one dropped. Bring a snack; we'll try to find a rest area. Rain cancels. Bob Allen, 215-xxx-xxxx

Sat, September 7

B, 45 miles 9:00 a.m. PMS

Come along with John as he leads us to Bridgeton. John Cole, 610-xxx-xxxx xxx@ptd.net

C, 35-40 miles 3:00 p.m. WTS

Get those weekend chores done, then spend the afternoon venturing through Central Bucks with Nora and Randy. Expect a true C pace with moderate hills. Food and rest stop somewhere along the way. Nora and Randy Schenk, 215-xxx-xxxx

C+, 43 miles 8:30 a.m. FUD

A ride to Spinnerstown, northwestern Bucks County. Some of the best cycling roads Upper Bucks County has to offer. Light traffic, some hills, food stop. Rain cancels. Ray Grimmer, 610-xxx-xxxx xxx@yahoo.com

D, 18 miles 9:00 a.m. LOT

I know you've been waiting for another towpath ride, so here it is. Bakery stop in New Hope. Larry Belikoff, 215-xxx-xxxx Larry@xxx.org

Sun, September 8

A, 80± miles 8:30 a.m. PVP

Join John for a challenging ride up into Bucks and Lehigh County with some intense climbing units along the route. Oops, did I mention that nasty word "climbs"? Yes, folks this ride has some hills along the way to get our hearts pumping. John Freil, 215-xxx-xxxx

B, 45-50 miles 9:00 a.m. PVP

Bring a present and join Anthony for his birthday bash. Anthony Rogers, 267-xxx-xxxx

C, 35-40 miles 9:00 a.m. CBW

North, south, east, west. We will head any direction you wish this morning. Donna know the roads to 'em all. Food and break somewhere. Donna Long, 267-xxx-xxxx

C+, 40 miles	3:00 p.m. WTS	Take a ride with Nora & friends. Nora leads outstanding rides. Some hills, light traffic, great road conditions. Food stop. No one dropped. Rain cancels. Nora Schenk, 215-xxx-xxxx xxx@earthlink.net
D, 16 miles	9:00 a.m. CPD	Doylestown is our venue this fine morning. This is a repeat of the May Tailgate ride without the food, so bring your own. Jennifer Hoener, 215-xxx-xxxx xxx@aol.com
Sat, September 14		
B, 45 miles	9:30a.m. HKP	Come out and join Pam for a mid-September ride. Pam Shadzik, 215-xxx-xxxx, xxx@aol.com
C+, 35 miles	8:30 a.m. PMS	Alan invites all club members to a preview showing of this years CBBC 35 mile Covered Bridge Ride. The route has been slightly changed. Great road conditions, light traffic, hills. Bring water & snack. Plenty of trees. Route sheet. No one dropped. Rain cancels. Alan Lebair, 215-xxx-xxxx xxx@prodigy.net
C, 40 miles	9:00 a.m. PVP	Bone up on your French! We're heading to Frenchtown. Many small hills on the way. Many small hills on the way back. If there ever was a true C pace leader, it would be Bob. Come and enjoy the day! Bob Allen, 215-xxx-xxxx
D, 16 miles	9:00 a.m. CBW	Enjoy a leisurely ride with Sal. He knows the roads so be prepared for a blast. Bring a snack for a food stop. Sal LaSapio, 215-xxx-xxxx xxx@aol.com
MTB C+ 2, 3 hrs.	9:00 a.m. CLAY	Lots of trails and lots of fun. Clayton offers you the opportunity to avoid technical stuff like hopping logs - or you can go for it. And it's closer to home than you think. Joanne (Healion) Stein, 215-xxx-xxxx xxx@aol.com
Sun, September 15		
A, 75± miles	8:30 a.m. PVP	Not riding the Lake Nocka.m.ixon today, then come join Gary as he checks out some of the route for the Univest Cyclosporitif. Ride the same course as the racers will ride next weekend, with some adjustments. Gary Cole, 215-xxx-xxxx
B/C+, 40± miles	9:00 a.m. FUD	Patrick know the roads in Upper Bucks and he promises great weather, great company, outstanding road conditions, and light traffic. Food stop. Maybe Tabora if the planets are in alignment. Rain cancels. Patrick Roche, 215-xxx-xxxx xxx@yahoo.com
C, 29 miles	9:30 a.m.	Venture into the wilderness from Prallsville Mill in NJ. (half mile north of Stockton, NJ, Rt. 29). John knows the best roads in the area! Many, many rolling hills! If there ever was a true C pace leader, it would be John. Bring food and water. John Book, 215-xxx-xxxx
C+/B, 40± miles	9:00 a.m. FUD	Patrick know the roads in Upper Bucks and he promises great weather, great company, outstanding road conditions, and light traffic. Food stop. Maybe Tabora if the planets are in alignment. Rain cancels. Patrick Roche, 215-xxx-xxxx xxx@yahoo.com
Sat, September 21		
<i>WILD BUCKS RIDE AND PICNIC (details on p. 1)</i>		
<i>All rides start from St. Vincent de Paul Church, Hatboro Rd, 1/4 mile s.of Tanner's Dairy (Route 332) in Richboro.</i>		
B, 40 miles	9:00 a.m.	Nora and Randy are leading out the Wild Bucks on their annual picnic ride. They will have us back for the picnic. Nora and Randy Schenk, 215-xxx-xxxx xxx@earthlink.net
C, 35 miles	9:00 a.m.	Wayne will guide us through an area of Bucks Co. We normally don't get to enjoy. Come enjoy the fun and picnic afterwards. Wayne Siefert, 215-xxx-xxxx
C+, 40± miles	9:00 a.m.	Al's leading a ride from a church at a location he's never been as a prelude to the Wild Bucks Picnic. He promises an interesting ride towards New Hope. Rain cancels the ride, but the party goes on. Alan Lebair, 215-xxx-xxxx xxx@prodigy.net

D, 16 miles	10:00 a.m.	Picnic and party to send off those noble Wild Bucks into the grueling MS150 ride. Larry Belikoff, 215-xxx-xxxx Larry@xxx.org
D, 20 miles	8:55 a.m. KMW	Dave is doing a ride from White Haven down the Gorge and back. The ride is flat. Leaving the Kmart parking lot at 8:55 a.m. sharp for the drive to White Haven. It's a long drive for a short ride, but something different. Call Dave for details. Dave Kuczborski, 215-xxx-xxxx dkxxx@yahoo.com

Sun, September 22

B+/A, 70 miles	7:30 a.m.	Kingwood Fishing Access Site, Rt. 29, 1 mile south of Frenchtown, NJ. Dan's ride from hell. Dan promises "serious, serious" climbing! Dan Madden, 267-xxx-xxxx xxx@aol.com
C, 35 miles	9:30 a.m. PVP	Help Jason celebrate his first ride as a leader with the club. We know he will do fine. No route planned as yet, but a food stop is a given. This will be a hilly and easy-paced ride! Jason Wood, 267-xxx-xxxx
C+, 40± miles	9:00 a.m. FUD	Patrick has another magical mystery tour ride scheduled. Where you go only Patrick & his shadow know. Great weather, great company, outstanding road conditions, some hills, and light traffic. Food stop. Rain cancels. Patrick Roche, 215-222-xxxx xxx@yahoo.com
D, 18-20 miles	9:00 a.m. CBE	Another of Jennifer's favorite routes. This one heads toward Wycombe with a few gentle slopes along the way. Jennifer Hoener, 215-xxx-xxxx xxx@aol.com

Sat, September 28

C+, 30-35 miles	11:30 a.m. BIJ	Dan's the man and if you aren't riding the MS 150, sleep late & join Dan on a easy fun ride. Some hills, light traffic, great scenery. Food stop. Rain cancels. Dan Madden, 215-xxx-xxxx xxx@aol.com
C, 33 miles	9:00 a.m. PHS	Come learn some new roads with John this morning. John's rides usually head north and west from this location, and best defined as some of the best Bucks has to offer. Bring food and water. John Collier, 215-xxx-xxxx
D, 20 miles	8:30 a.m. BIJ	This is a very popular ride, so get prepared for a pleasant and flat ride to Frenchtown. Food stop. Dan Madden, 267-xxx-xxxx xxx@aol.com

Sun, September 29

A, 80 miles	9:00 a.m. WTS	If you are not riding the MS150 this weekend, join Jay as he heads for a ride into the great wide open countryside where no man, woman, or beast has ventured to go. Jay Hibbs, 215-xxx-xxxx
C, 30-35 miles	9:30 a.m. CPD	Nothing could be finer than to ride on an early fall day with Bob. Easy C pace, rolling hills, and food stop on the way. Washington Crossing may be our destination this morning. Bob Allen, 215-xxx-xxxx
C+, 35 miles	9:00 a.m. PHS	Walt is leading a ride towards Green Lane with a food stop. Back by noon. Some hills. Call between 8:00 & 8:30 day of ride if weather is questionable, ride will also be listed on Adventure Chat, abcbikes.com Walt Spadt, 215-xxx-xxxx xxx@xxxx.com

Please note:

- *All responsibility lies solely with the individual rider and not with fellow riders, the leader, the club, or any of its officers or members. Ride leaders will not assume responsibility for minors.*
- *When meeting for rides, park in an area that doesn't interfere with the lot owner's business. For example, at Genuardi's in Doylestown, park toward the center of the shopping center; at Goodnoe's in Newtown, park far from the building; at First Union Bank in Dublin, park in the back rather than near the MAC machine.*
- *Mileage may not be exact; it is an estimate.*

WEEKDAY RIDES

Tuesdays

All Categories
6pm SFE

At least three groups will go out in slow, medium and fast speed ranges, with ride leaders. We get great turnouts on these rides, so you'll find others to ride with. Daylight determines distance. If it rains there will be a replacement ride from Wycombe (#3), on Wednesday at 6pm.
Questions: Patrick Roche, 215-xxx-xxxx; Nora Schenk, 215-xxx-xxxx

C - ? miles
5:30p.m. FUD

Join John every Tuesday for the season. John Book, 215-xxx-xxxx

Thursdays

All Categories
6pm CBE

The same deal as the Tuesday rides from SFE, but with a different starting location.
Questions: Patrick Roche, 215-xxx-xxxx; Nora Schenk, 215-xxx-xxxx
Exact time, mileage and start location to be determined by riders.
Starting from the Doylestown area. Sandi Ives, 215-xxx-xxxx

Every Weekday

B 9:00 a.m.

MWF: 30 miles ; TTH: 23 miles (hilly)
Call for details. Ed Larlick, 215-xxx-xxxx; Brad Kiddle, 215-xxx-xxxx; Paul Lyons, 215-xxx-xxxx

Wednesdays

A - ? miles
5:30 p.m. GDT

A RIDERS WANTED! A kinder, gentler Wednesday night ride. We promise to ride a true A pace and not to drop anyone who rides in that category. If that time doesn't quite work for you contact: xxx@estreet.com, xxx@xxx.com, xxx@xxx.com or 215-xxx-xxxx.

C+
5:30-7:30 p.m.

Every week, unless weather's bad, from Phillips Mill (Route 29, 1/8 mile N of Stockton, NJ)
Pizza afterwards. Joe Prudish, 215-xxx-xxxx.

START LOCATIONS

Letter Code	Location	Letter Code	Location
BCN	Buckingham Commons, Buckingham-Furlong Edison-Furlong Road and Route 263	KMW	K-Mart, Warminster Ivyland and York Roads
BIJ	Bull's Island Route 29, between Stockton and Frenchtown, NJ Just over walking bridge from Lumberville, PA	LNB	Lake Nockamixon Boat Access First left off Route 563 after bridge, going west from Route 412
CBE	Central Bucks East H.S. (CB East), Buckingham Anderson Road parking lot, off Holicong Road	LNV	Lake Nockamixon Marina Visitors' Center Off Route 563 (Harrisburg School Road)
CBW	Central Bucks West High School, Doylestown Court Street, just before YMCA	LOT	Commuter Parking Lot, Yardley Woodside and Taylorsville Roads, 200 yards north of I-95 overpass.
CPD	Central Park, Doylestown Well's Road between Lower State and Turk. Field 3 parking.	LTS	Lambertville Inn & Train Station, Lambertville, NJ Park in gravel lot behind Inn.
CSE	Cold Spring Elementary School, Buckingham Route 413 across from Carversville Rd intersection	PHS	Pennfield School, Hatfield Forty Foot and Elroy (Koffel) Roads. Parking lot off Forty Foot Road.
FUD	FirstUnion Bank, Dublin Route 313, Dublin	PMS	Plumstead Shopping Center, 5 mi. north of Doylestown Intersection of 611 and Stump Roads
GDT	Genuardi's Pking Lot, Route 611, Doylestown Across Old Dublin Pike from Doylestown Shopping Ctr	PVP	Peace Valley Picnic Pavilion, New Britain 3 rd parking lot on left off Creek Road, near picnic pavilion.
GES	Goodnoe Elementary School, Newtown Front and Andrew Streets	SFE	Sol Feinstone Elementary School, Newtown Eagle Road, ½ mile south of Woodhill. Use front parking lot.
GNN	Goodnoe's, Newtown Route 532	TAN	Tanners Dairy Store, Richboro Hatboro and Almshouse Roads
HHS	Hatboro/Horsham High School Route 463	TIN	Tinicum Park, Tinicum River Road
HKP	Holicong Park, Buckingham Route 202 and Holicong Road	TVP	Tohikon Valley Park, Point Pleasant
Category	Mileage	Terrain	Average Speed (mph)
AX	25-100	any	18-27
A	25-100	any	16-18
B	20-50	any	14-16
C+	20-40	some hills	13-14
C	15-40	few hills	11-13
D	10-25	mostly flat	8-11
MTB	2-3hrs	off-road	5-7
		WTS	Wycombe Train Station, Wycombe Intersection of Forest Grove, Township Line and Railroad Ave.

MTB Ride Locations

ALLR – Allaire State Park (NJ): I-195 E to Exit 31A; BR onto Rte. 547. L on Rte. 549 @ 1st light; 1.4 miles BL at “Y” onto Rte. 21; 0.8 mi. L on Hospital Rd.; 0.5 mi. L into park entrance

BLM – Blue Marsh: PA TPK W to exit 22. I-176 N to US422 W (b/c US222 N) to PA 183 N; 3 mi. L onto Palisades Rd. ~2.5 mi. to Billings boat basin.

BP – Bald Pate: meet at WXG parking lot.

CHRK – Chimney Rock (NJ): US 202 N to I-287 N. Pass I-78 junction and take next exit for US 202/206 S, Pluckemin. L @ 2nd light onto Washington Valley Rd.; follow ~5 mi. R @ Newmans Lane, go down hill, cross bridge, L into parking lot

CLAY – Clayton Park (Imlaystown, NJ): I-195 E to exit 11; BR onto Imlaystown Rd, past horse farm; L at stop sign onto Rte. 526, then QR back onto Imlaystown (b/c Davis Station Rd.); ~1 mi. L onto Emley’s Hill Rd.; ~0.5 mi. L into parking lot

CRCK – Core Creek: on Bridgetown Pike between PA 413 and Yardley-Langhorne Rd. Meet at Duchess Lane picnic area (1st one past admin. bldg. after main entrance)

GRLN – Green Lane Park: PA 63 N to PA 29 N, ~ 1.5 mi. L onto Knight Rd. Parking area on left.

FRCK – French Creek

JCBG – Jacobsburg

JT – Jim Thorpe: PA TPK (I-476) N to US 209 S. Go through Lehighon and down the hill into Jim T. Park at RR station on right

MCP – Mercer County Park (NJ): I-95 N to US1 N; go past mall, then exit onto Rte. 533 S; ~2 mi. L onto Hughes Rd.; ~0.7 miles L into park; 1.4 mi. L into Marina parking lot

PNPK – Pennypack Park (NE Phila.): PA 232 S onto Moreland Rd. exit, R @ Pine Rd. (at T), ~ 1 mi. L into parking lot

RDVL – Round Valley (NJ): US202 N to Rte. 31 N

SMTN – South Mtn: Rte. 378 into Bethlehem; follow Lehigh U. signs thru Lehigh to top of mtn. Park in Mountain Top Campus lot.

SRLD – Sourland Mtn

TVP –Tohickon Valley Park (High Rocks/Ralph Stover): parking lot on Cafferty Road ~1.5 miles north of Point Pleasant

WISS – Wissahickon Park: 309 S exit Paper Mill Rd., BR; L on Stenton Ave.; R on Willow Grove Ave.; L on Germantown Ave.; R on Springfield Ave. At bottom of hill BR onto Valley Green Rd. Park in Valley Green parking lot

WXG – Washington Crossing (NJ): PA 532 to NJ, immediate L after bridge, then R into parking lot

MTB Corner

As I write this MTB Corner we’re in the midst of hot and humid summer weather, but I know that won’t last for much longer. Soon we’ll be engaging in MS150/Wild Bucks activities and then the annual Covered Bridges event. These activities signify the beginning of fall – cool nights, pleasant days, falling leaves... and off-road riding.

Last fall and winter there was more MTB activity in CBBC than the club has ever had and this year we hope for even more. Local rides at Core Creek, Tohickon, Bald Pate, and Pennypack. Even Allaire, Mercer, and Wissahickon. Day trips to Jim Thorpe, Blue Marsh, French Creek, Chimney Rock. Maybe a weekend camping trip. Especially when the cold winds blow, riding in the trees protects you from the cold, and best of all, there are no irate motorists!

It seems that off-road riding is growing in this road-oriented cycling club as more riders recognize that our MTB rides are largely intermediate-level and no one gets dropped. Hey, we’re not racing or jumping off six-foot drops or hopping over two-foot diameter logs. It’s not the pro MTB race circuit you see on OLN, just like our road rides don’t climb the equivalent of Mont Ventoux or sprint through team time trials at 30+ mph average speeds. We’re just having fun and learning a few new skills, some of which also help our road riding by improving our bike handling and ability to climb.

And if you do ride with us, but haven’t yet taken the opportunity to lead a ride, step up to the plate and help your club. We depend on volunteers – they’re the lifeblood of the club. You can contact me at xxx@aol.com. So get off the road for some real fun.

MTB Rating System

AX Expert — technical single-track, long and steep hills, big rocks, roots, logs, drop-offs; extreme terrain, but rideable (most trails like this are illegal).

A Advanced — technical trails, but not so extreme as AX.

B+ Intermediate/Advanced — mixed technical single-track, smooth single-track and fire roads; hills can still be long and steep.

B Intermediate — single-track and fire roads; still got those hills, but less of the rocks and technical stuff. Fun.

C+ Beginner/Intermediate — smooth and rolling single-track and fire-roads, few roots and rocks.

C beginner — relatively flat, smooth single-track or dirt road; a little bit of logs, maybe some roots.

D unpaved, but generally smooth and flat; suitable for hybrid bikes.

***Need a ride waiver? Visit the CBBC website
at www.cbbikeclub.org***

Correction:

The correct name of the winner of the CBBC logo design contest was **Theresa Agozzino**. Thank you Theresa!

CBBC Presents the 22nd Annual Covered Bridges Ride 2002

Special for CBBC members, only \$15! Includes long-sleeved T-shirt! You MUST pre-register to get this price!

Sunday, October 13, 2002 - No Rain Date

20 Miles, 30 Miles, 50 Miles, 63 Miles

Enjoy the spectacular fall foliage of Central and Upper Bucks County, Pa. Travel through up to 6 historic covered bridges on the 22nd Annual CBBC Covered Bridges Ride. This is THE premier cycling event in scenic Bucks County. Join over 1200 riders from all over the northeastern United States, and ride through some of the most beautiful areas in this part of the world. The ride concludes with a Grande Finale Party and Food Festival!

Start Location: Tinicum Park, Route 32 (River Road) Erwinna, PA. Start, finish, and lunch along the shores of the Delaware River

Registration Times:

8-8:30 a.m.	63 Mile Ride - challenging, very hilly, 6 bridges
8:30-9 a.m.	50 Mile Ride - rolling hills, 4 bridges
9-9:30 a.m.	33 Mile Ride - hilly ride, 3 bridges
9:30-10 a.m.	30 Mile Ride - flat ride, 3 bridges
9:30-10 a.m.	20 Mile Ride - flat ride, 2 bridges

Directions: From US Route 202, North or South: Take the New Hope, PA exit and follow Route 32 (River Road) north for 13 miles. Tinicum Park entrance is on the left. Signs will mark the entrance.

Support: All rides are well-marked and fully supported. There will be fully stocked rest stops with food, snacks, water, and power drinks. Cue sheets will be provided for each ride. Sag Wagons will follow each route to ensure adequate mechanical services.

Cost: \$15.00 includes the above, AND a FREE LONG-SLEEVED T-Shirt for all participants who pre-register by October 1, 2002! Day of the event registration is \$25 and you will NOT receive a shirt. A limited number of shirts may be for sale.

For more information, call Wayne Siefert: 215-504-2140, or E-Mail at coveredbridges@att.net

Detach here, keep above information, you will NOT be sent a confirmation. ONE PERSON PER FORM - THIS FORM MAY BE PHOTOCOPIED
Release: As a participant in the 22nd Annual CBBC Covered Bridges Ride, I do hereby for myself, my heirs, executors, administrators or assigns, waive, release and forever discharge any and all claims I may have against CBBC, the officers, members, volunteers, and sponsors, from any liability, for personal injury, illness, or death, or property damage sustained by me resulting from my participation. I hereby agree to the following:

1. I am in good health, and able to complete the ride selected.
2. My bicycle equipment will be in good working order, and have the proper safety equipment.
3. I acknowledge that CBBC requires the wearing of helmets. I am responsible for any injury resulting from my failure to wear a helmet and agree to assume all risks associated with not wearing a helmet and any injuries resulting therefrom.
4. I will obey all motor vehicle laws.
5. I fully understand that bicycling activities involve risks and dangers of serious bodily injury, including death.

I HAVE READ AND UNDERSTAND THIS NOTICE AND RELEASE, AND I INTEND TO BE LEGALLY BOUND BY IT.

Signature of Applicant/Date

Signature of Parent or Guardian if Under 18 years old/Date

Pre-Registration fee of \$15.00 must be received by 10/1/02 to receive free long-sleeved T-Shirt

Make checks payable to CBBC and mail Completed Form to:

Circle One:

CBBC PO Box 1648 Doylestown, PA 18901

T-Shirt Size (Men's) M L XL XXL

PLEASE PRINT LEGIBLY

Name _____

Address _____

City _____ State _____ Zip _____

Emergency Contact _____ Emergency Phone _____

MEMBERSHIP APPLICATION AND RENEWAL FORM

CENTRAL BUCKS BICYCLE CLUB, Pennsylvania

NAME: _____ New Membership? ___ Renewal? ___

ADDRESS: _____

CITY, ST, ZIP: _____

PHONE: _____ E-MAIL: _____ DATE: _____

Ride Category(s): ___D ___C ___C+ ___B ___B+ ___A ___AX ___MTB

While bicycling is an outstanding recreational sport, it also involves risks and even dangers. Some of these dangers include: traveling on or crossing heavily traveled roads, winding roads, steep descents, potholes, accidents, unexpected moves of another rider, physical exertion, fatigue, flat tires, and motorists. Ride terrain, pace and distance may vary from the newsletter or verbal description. In addition to the above, mountain bike rides may involve steep descents on heavily rutted roads, as well as log and rock hopping.

The undersigned acknowledges that the risks recited above, as well as numerous other dangers are inherent in recreational bicycling and the undersigned agrees to assume all risks associated with participation in club activities. The undersigned further agrees to save and hold harmless the Central Bucks Bicycle Club, its officers, activity organizers, ride leaders, and other club members from any and all liability for any injury or damage resulting from, or in any way connected with, participation in club-related activities.

I warrant that I am competent to ride safely. I warrant that my bicycle and equipment are in safe condition. I understand that CBBC policy is to obey all traffic laws and to wear an approved safety helmet and that participation is at my own risk. I also hereby consent to and permit emergency medical treatment in the event of injury or illness. In the case of children under the age of 18, I hereby agree to the terms of the above waiver on behalf of my child (children) and agree that the CBBC, its officers, activity organizers, ride leaders and other members are not responsible for providing instruction or supervision of my children.

X _____ X _____ X _____

Must be signed by every member of the club (18 years or older).

In the case of children under the age of 18, I hereby agree to the terms of the above waiver on behalf of my child (children). I further agree that the Central Bucks Bicycle Club, its officers, activity organizers, ride leaders and other members are not responsible for providing instruction or supervision of my child.

X _____ X _____ X _____

(names of children under 18)

X _____ X _____

Signature of parents/guardian

The \$15.00 fee includes membership rights for all family members at the same address. The membership year is March 1st thru February 28th. For *new* members who join during October - January, the membership will run through the following membership year. Mail \$15 payment and form to: **CBBC, PO Box 1648, Doylestown, PA 18901**

Welcome New Members!

Dave DeFranco
Linda Flower
Ann Gundersheimer
Richard Jackson
June Malinowski
Janine and Joseph Mannick
John Mohan
Gary Poli
Mark Stever

Hatfield
West Trenton
New Hope
New Britain
Doylestown
Newtown
Doylestown
Pipersville
Doylestown

Ride Leader Guidelines

Here are a few basic guidelines for our terrific ride leaders:

1. Ride what you advertise.
2. Keep the group together.
3. If someone is riding in an unsafe manner, point out how and why their riding is unsafe and what is safe. If they choose to ignore you, you may ask them to leave the ride.
4. Advise riders that if they go well off the front they're on their own.
5. Lead by example: communicate and signal effectively and ride safely.
6. Bring the sign in sheet with you on the ride in case you need to call a rider's emergency number.

Calendar of Events

September

- 9 Club meeting, Bob Crowe's home
- 21 Wild Bucks Picnic
- 26 Wild Bucks Pasta Loading Dinner
- 28-29 MS 150 Ride

October

- 6 Covered Bridges Volunteer Ride
- 7 Club meeting
- 13 Covered Bridges Ride

November

- 4 Club meeting
- 16 Banquet

December

- 14 Holiday Gift Ride

Going Farther: Special Event Rides

Sept. 1: BRANDYWINE TOUR, Chadds Ford, PA. 28, 50, or 100-mi. routes on rolling to hilly terrain. Scenic country back roads through Brandywine River Valley. \$12 pre-registration by 8/23; \$15 after. Delaware Valley Bicycle Club, www.dvbc.org

Sept. 5-8: GREAT PEANUT TOUR, Emporia, VA. A four-day rally in Southside Virginia and NENorth Carolina. \$55 registration fee Reg inc. water bottle and T-shirt. 1-800-449-2453. www.greatpeanuttour.com

Sept. 7: AMISH COUNTRY TOUR, Dover, DE. 15, 25, 50, 62, or 100-mi. scenic flat routes. Post-ride picnic and live music. Amish Country Tour, 1-800-233-5368 www.visitdover.com

Sept. 8: SOUTHERN MARYLAND FALL CENTURY Indian Head, MD. 25, 50, 63, or 100-mi. routes from the Village Green. Oxon Hill Bicycle and Trail Club. www.ohbike.org

Sept. 8: THE FLATTEST CENTURY IN THE EAST, Tiverton, RI. 25, 55, 62, 75, or 100 miles on flat terrain. Narragansett Bay Wheelmen's annual tour through scenic coastal shoreline, forests and marshlands of SE Rhode Island and Massachusetts. \$25 pre-registration; no day-of-event reg. Registration closes at 1,600 riders or 8/8/02, whichever comes first. www.nbwclub.org

Sept. 15: SCU LAKE NOCKAMIXON CENTURY, Horsham, PA. 20, 35, 55, 62, 85, or 100-routes on rolling terrain with a few hills. Post-ride meal. Start from Hatboro-Horsham High School. Pre-register by 8/29 to receive a free T-shirt: \$20, \$25 day of event. Suburban Cyclists Unlimited, 215-362-2216. <centuries@suburbancyclists.org>

Sept. 21: JERSEY DEVIL CENTURY, Parvin State Park, Centerton, NJ; 25, 50, 75, 100, or 125 mi. \$14 pre-registration until 9/12; \$17 day of. South Jersey Wheelmen, www.sjwheelmen.org

Sept. 22: SCENIC SCHUYKILL CENTURY, Philadelphia Art Museum. 32, 62 or 100 miles. Bicycle Club of Philadelphia. www.phillybikeclub.org

Sept. 22: GAP GALLOP CENTURY Northampton Community College, Bethlehem Township, PA. 50 miles rolling or 100 miles across the Kittatinny Ridge. \$20. Lehigh Wheelmen Association, Dave Drummer, www.lehighwheelmen.org

Sept. 28-29: MS150 CITY TO SHORE. Cherry Hill to Ocean City, NJ. Registration fee + minimum donation. National Multiple Sclerosis Society, Greater Delaware Valley Chapter, 1 Reed St., Ste. 200, Philadelphia, PA 19147; 1-800-445-BIKE. <ms150@pae.nmss.org> www.ms150biketour.org

Many thanks to Jack Elias at Suburban Cyclists for providing write-ups on a lot of these rides.

And special thanks to Sue Quate for her assistance with CBBC newsletter layout.

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CBBC is affiliated with the League of American Bicyclists and the Bicycling Federation of Pennsylvania.



CBBC
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